



Breakfast at The Living Room

Healthy Choices

Steel Cut Oatmeal 
With brown sugar, raisins and milk
\$6

Seasonal fruit and berries
\$9.50

Grapefruit Sections
With honey and whole grain toast
\$8

Fresh Fruit and Yogurt Parfait 
Topped with house made granola
\$9.50

Assorted Cereals
Daily Selection with whole,
2% or skim milks
\$6


Chef's Specialties


Smoked Salmon 
With capers, onions, cream cheese and choice of toasted bagel
\$12

Buttermilk Pancakes
Stack of five topped with powdered sugar and warm berry compote
\$10

Orange Brioche French Toast
Served with fresh raspberries and Vermont maple syrup
\$12

On the Side

Low Fat Cottage Cheese 
Served with mandarin oranges,
pineapple and whole grain toast **\$8**

Blueberry Breakfast Smoothie 
\$8.50

Individual Fruited Yogurt 
\$4.50

Toasted Bagel and Cream Cheese
Your choice of bagel **\$5**

Bacon or sausage (4 pieces) \$6

Fingerling Breakfast Potatoes \$5.50

Side of Fruit \$6

Eggs and Omelets

Served with fingerling breakfast potatoes or seasonal fruit
and your choice of toast

Two Eggs any Style

With choice of bacon, sausage or grilled ham

\$12

Egg Sandwich



Two fried eggs with your choice of ham, bacon or sausage
and organic cheddar cheese on a grilled ciabatta roll

\$10

Egg White Omelet

With asparagus, spinach and fresh mozzarella topped with sliced tomatoes

\$11

Denver Omelet

Ham, peppers and onions with cheddar and jack cheese

\$11

Poached Eggs Florentine

Poached eggs on a bed of steamed spinach
topped with Mornay sauce and Gruyère cheese

\$13

Traditional Benedict

Poached eggs and Canadian bacon served on an English muffin
and topped with Hollandaise sauce

\$13

Create Your Own Omelet

Your choice of ham, bacon, sausage, onions, tomatoes, green peppers,
mushrooms, spinach, jalapenos or cheese .

Choose up to four fillings

\$12

Additional fillings

\$0.75 ea



**Appetite For Life indicates products that are organic, sustainable or local.
Please ask your server for more details.**